

EaD Comprehensive Lesson Plans



or



0248043888

FIRST TERM SCHEME OF LEARNING, 2023

SUBJECT: PHYSICAL EDUCATION – BASIC 8

WEEK	WEEK ENDING	STRAND	SUB STRAND	CONTENT STANDARD	INDICATORS	RESOURCES	
1	13-01-2023	DISCUSSION OF LAST TERM EXAMINATION QUESTIONS (REVISION)					
2	20-01-2023	Health Education	Nutrition and Physical Activity	B8.1.1.1	B8.1.1.1.1	Poster, Pictures and Video.	
3	27-01-2023	Health Education	Disease Prevention and Management.	B8.1.2.1	B8.1.2.1.1	Poster, Pictures and Video.	
4	03-02-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B8.2.1.1	B8.2.1.1.1	Power Point Presentation, Word chart, Poster, Pictures.	
5	10-02-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B8.2.1.1	B8.2.1.1.1	Power Point Presentation, Word chart, Poster, Pictures.	
6	17-02-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B8.2.1.2	B8.2.1.2.1	Power Point Presentation, Word chart, Poster, Pictures.	
7	24-02-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B8.2.1.3	B8.2.1.3.1	Word chart, Poster, Pictures, video.	
8	03-03-2023	Physical Activity Education	Physical Fitness	B8.2.2.1	B8.2.2.1.1	Word chart, Poster, Pictures, video.	
9	10-03-2023	Physical Activity Education	Physical Fitness	B8.2.2.2	B8.2.2.2.1	Power Point Presentation, Word chart, Poster, Pictures.	
10	17-03-2023	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.	
11	24-03-2023	REVISION					
12		EXAMINATION					

